



FOR YOUTH DEVELOPMENT®  
FOR HEALTHY LIVING  
FOR SOCIAL RESPONSIBILITY

# Missoula YMCA Adaptive Program

## March 2024

Register For All Programs at the YMCA  
Welcome Desk or Michael @532-6267

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
31  *Indicates Program is open to all YMCA members and won't have adaptive staff on hand					1  Walking Club 3-4PM *Open Swim 6PM-8:30	2  *Open Swim 1PM-5:30
3	4  Court Sports 3:30-4:30 Big Gym	5	6  Creative Movement 3:30-4:30PM Studio	7  Bowling West Side Lanes 3PM-5PM	8  Walking Club 3-4PM *Open Swim 6PM-8:30	9  *Open Swim 1PM-5:30
10	11  Court Sports 3:30-4:30 Big Gym	12	13  Creative Movement 3:30-4:30 PM Studio	14  Bowling West Side Lanes 3PM-5PM	15  Walking Club 3-4PM *Open Swim 6PM-8:30	16  *Open Swim 1PM-5:30
17	18  Court Sports 3:30-4:30 Big Gym	19	20  Creative Movement 3:30-4:30PM Studio	21  Bowling West Side Lanes 3PM-5PM	22  Walking Club 3-4PM *Open Swim 6PM-8:30	23  *Open Swim 1PM-5:30
24	25  Court Sports 3:30-4:30 Big Gym	26	27  Creative Movement 3:30-4:30PM Studio	28  Bowling West Side Lanes 3PM-5PM	29  Walking Club 3-4PM *Open Swim 6PM-8:30	30  *Open Swim 1PM-5:30